1019 North First Avenue \* Lake Charles, LA 70601 U.S.A \* Tel: (337) 433-5022 \* Fax: (337) 433-3433 \* E-mail: SeaHawk@friendships.org \* www.friendships.org

Dear Sea Hawk Applicant,

Thank you for your interest in the Friend Ships Sea Hawk program. We would like to take this time to introduce you to this program.

The Sea Hawk program is a 2 year intensive training program with an additional 3<sup>rd</sup> year as an intern within Friend Ships. Students may opt to attend one year of the program only. This program is designed for young people in the transition time between school and entering the work force. It is designed with you in mind and the goal is to bolster and strengthen you in many areas of your life. Sea Hawks will add to your life in strategic ways and you will learn more in a year than you would in many other settings. It will help you to develop work skills and ethics. We hope that it will also cause a hunger in you to help the less fortunate of the world; that you will develop an excitement about how you as an individual can make a difference; and most importantly that you experience a growth in your personal relationship with Jesus Christ.

Although the value of this program is considerable, entry into the Sea Hawks is not obtainable at any price. It is exclusively full scholarship. But this program is not free and it is not cheap. It demands a whole heart and full participation. Applicants are rewarded scholarships through careful review of their application and a letter addressed to **Mr. Don Tipton**, expressing your love for the Lord, desire to be a part of the Sea Hawk program and a willingness to lay other things aside to study the Word, apply themselves to devotion and prayer, become physically fit, travel and serve others. Scholarships include room and board and there is no cost to those who qualify **except uniforms, books, passports and shots**. A medical exam is required prior to arrival day. Medical insurance is strongly suggested.

The objective of Sea Hawks is to instill into the participant some of the foundational attitudes and Godly characteristics that will prepare you not just to be able to live Godly lives, but also to be able to be effective in whatever ministry God has called you to. This is accomplished by having the participant face various structured challenges in the areas of their spiritual, emotional, mental and physical lives.

Sea Hawks will introduce you to the four aspects of relief missions that Friend Ships carries out - international humanitarian aid, disaster relief, medical missions and domestic food distribution. The program also serves as training for entering relief missions with Friend Ships full-time at the end of the program, if you so desire. Cadets will generally work an 8 hour day, 6 days a week, in some capacity at Port Mercy, as a support to the ongoing operations. This will primarily be in ship maintenance, food service, domestic services, warehousing, grounds keeping or engineering. Another aspect that you will be involved in is a daily fitness program. Early, on week day mornings, you will participate with the regular staff in a devotional time, and on Tuesday nights in a prayer meeting. Sundays are usually free to attend the local church of your choice. Throughout the week, you will have regular devotional studies geared towards maturing as a Christian and seeking God's will for your life. There will be regular evaluations of your conduct and work ethics to help and encourage you towards improvement and excellence. You will be tested in the skills you learn and develop, in order to receive qualification in that area of Friend Ships.

It is expected that you are seriously pursuing the will of God in your life. To help you with this, we have instituted certain rules to help you avoid distractions. For example, there are to be no personal romantic relationships for the entire length of the first 12-months of the program. There will not be any vacation time during the program; however, typical there will be a two week break at Christmas, dependent on mission or deployment.

The program will commence August 14, 2017. The initial 12 weeks (Boot Camp) will be an introductory session after which you and the Sea Hawk Leader will decide if you should continue for the remainder of the program. Upon successful completion of the course, you will receive a certificate of graduation and will be considered for placement as Friend Ships Crew or overseas placement, if you so desire.

If you are accepted, this will be a challenging year for you! It will be difficult at times, but you will learn much. You will work side by side with people that have dedicated large periods of their lives to serving God full-time. You will never be the same. May the Lord lead and guide you as to whether you should apply to the Sea Hawks program.

In Christ, Murray Douglas, Sea Hawks Director

1019 North 1st Avenue \* Lake Charles, LA 70601 U.S.A \* Tel: (337) 433-5022 \* Fax: (337) 433-3433 \* E-mail: SeaHawks@friendships.org \* www.friendships.org

#### **SEA HAWKS APPLICATION**

You must answer every question and $lacktriangledown$ check boxes that apply	y. Please use blue or black ink and print neatly. Thank you!		
Personal Information			
Name:	Please fill out appropriate telephone numbers and ✓ check your preferred contact number.		
Address:	☐ Home: ☐ Cell: ☐ Ext.:		
City: State: Zip:	□ Work:Ext.:		
Country: Country Code:	Highly preferred method of contacting you.  E-mail:		
☐ Male ☐ Female Height,, Weightlbs. Date	of Birth: $\_$ $\square$		
U.S. Citizen □ Yes, or □ No If No, what is your nation	nality?		
Marital Status: ☐ Single ☐ Married ☐ Single-Parent	☐ Engaged ☐ In Relationship		
Experience Background			
Do you have any experience in the following: (Please check □ Domestics □ Carpentry □ Painting □ Maritime S □ Cooking □ Electronics □ Mechanics □ Engineerin □ Other:  Please expound on above areas of experience and other are	Skills		
(Please use additional paper if needed.)			
Please describe any previous short or long term volunteer			
Why do you desire to participate in the Sea Hawks progra	m?		

(Please use additional paper if needed.)		
Have you used any of the following in the past three years  ☐ Excessive Alcohol ☐ Sleeping Pills ☐ Mood Elevators ☐ T ☐ Tobacco Products ☐ Other (ILLEGAL DRUGS / SUBSTANCE)	ranguilizers   Marijuana   Cocaine   LSD   Heroin	
If you checked <b>I</b> any of the above items please specify the reason, fr	requency and date of last use:	
Have you ever been convicted of a felony? $\square$ Yes, or $\square$	No If Yes, When & details:	
Are you on probation? ☐ Yes, or ☐ No If Yes, Please s	riva dataile	
Are you on probation: Tes, or Two In res, rease §	give details	
(Please use additional paper if needed.)		
Do you have any outstanding debts? ☐ Yes, or ☐ No If	Yes. Please give details:	
	, 5	
Will you have sufficient income to cover these debts whil		
Please give details:		
Emergency Information		
	Please fill out telephone numbers and ✓ check best contact number.	
Name of Contact:	☐ Home: ☐ Cell: ☐ Cell:	
Relationship:	□ Work:Ext.:	
City State:	E-mail:	
Country: Country Code:  Please fill in information for the Pastor or Church Leader you ha		
•		
Name:	Church:	
Position:	☐ Church #: ☐ Cell:	
City: State:	E-mail:	
Please list a current or most recent employer we may contact for		
Name:	Company:	
Position:	☐ Telephone: ☐ Cell:	
City: State:	E-mail:	
Feedback		
How did you hear about Friend Ships? (Please ☑ check all that apply)  ☐ Internet/Website ☐ Radio broadcast ☐ Magazine/Newspaper ☐ Heard speaker ☐ Book/audio ☐ College ☐ News ☐ Visiting group ☐ Facebook ☐ Friend / Crewmember ☐ Tradeshow ☐ Other:		
Comments/Details:		

SEA HAWKS MEDICAL HISTORY EVALUATION IMPORTANT: This form must be completed, kept on file with the organization Friend Ships Unlimited, & is subject to inspection by the Human Resources Department for enrollment into the Sea Hawk program. All applicants are considered so your responses will not automatically disqualify you. Please Print \_\_ Home Address:\_ ☐ Male or ☐ Female Date of Birth: Cell: ( Family Health History: Has any member of your family under age 50 had these conditions? Yes No Condition Whom Yes No Condition Whom Condition No Heart Attack/Disease Sudden Death Arthritis High Blood Pressure Stroke Kidney Disease Sickle Cell Trait/Anemia Diabetes/Hypoglycemia **Epilepsy** Applicant's Orthopaedic History: Has the applicant/athlete had any of the following injuries? Yes Condition Date Yes No Condition Date Condition Head Injury / Concussion Neck Injury / Stinger Shoulder L / R Elbow L/R Arm / Wrist / Hand L / R Knee L/R Hip L/R Thigh L/R Ankle L / R Lower Lea L / R Chronic Shin Splints Pinched Nerve Foot L/R Severe Muscle Strain **Back Problems** Chest Previous Surgeries: Your Health Conditions: Does applicant/athlete have or had any of these conditions? Had Condition Have Condition Had Condition Heart Murmur / Chest Pain / Tightness Asthma / Prescribed Inhaler Menstrual irregularities Shortness of breath / Coughing Seizures Rapid weight loss / gain Take supplements / vitamins Kidney Disease Hernia  $\Box$ Irregular Heartbeat Knocked out / Concussion Recent Mononucleosis High Blood Pressure Diabetes / Hypoglycemia **Enlarged Spleen**  $\bar{\Box}$ Dizzy / Fainting Liver Disease Sickle Cell Trait / Anemia Tuberculosis Organ Loss (kidney, spleen, etc.) Overnight in hospital Surgery Prescribed EPI PEN Depression  $\Box$ Circulatory Problems HIV Virus/Aids Mental Illness **Epilepsy** Claustrophobia Eating Disorder Heat related problems Hepatitis Allergies (Food, Drugs): Medications: Measles Immunization: List Dates for: Last Tetanus Shot: Meningitis Vaccine: WAIVER FORM To the best of our knowledge, we have given true & accurate information & hereby grant permission for the physical screening evaluation. We understand the evaluation involves a limited examination and the screening is not intended to nor will it prevent injury or sudden death. We further understand that if the examination is provided without expectation of payment, there shall be no cause of action pursuant to Louisiana R.S. 9:2798 against the team volunteer health- care provider and/or employer under Louisiana law. This Medical History Evaluation form, executed on the date below by the undersigned medical doctor, osteopathic doctor, nurse practitioner or physician's assistant and applicant/athlete named above, is done in compliance with Louisiana law with the full understanding that there shall be no cause of action for any loss or damage caused by any act or omission related to the health care services if rendered voluntarily and without expectation of payment herein unless such loss or damage was caused by gross negligence. Additionally, If, in the judgment of an organization representative, the named applicant/athlete needs care or treatment as a result of an injury I give my permission for the athletic trainer to release information concerning my injuries to the directors /organization representative No By my signature below, I am agreeing to allow my medical history / exam form and all application forms to be reviewed by Friend Ships Unlimited or its Representative(s) Yes I understand Friend Ships Unlimited and/or the Sea Hawk Program, carries no insurance and if desired I need to provide my own, all costs incurred are my responsibility. Print Applicant/Athlete\_ Signature of Applicant/Athlete\_ II. COMPLETED ANNUALLY BY MEDICAL DOCTOR (MD), OSTEOPATHIC DR. (DO), NURSE PRACTITIONER (APRN) or PHYSICIAN'S ASSISTANT (PA) Height: Weight: Blood Pressure: Pulse: **GENERAL MEDICAL EXAM: OPTIONAL EXAMS: ORTHOPAEDIC EXAM:** Norm Abnl Corrected:\_ Spine / Neck Norm Abnl R: **ENT** Cervical Needs corrective lens ☐ Yes, or ☐ No Lungs Thoracio DENTAL: Heart Lumbar 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 Abdomen **Upper Extremity** 31 30 29 28 27 26 25 24 23 22 21 20 19 18 17 Skin Shoulder Hernia (if Needed) Flbow COMMENTS: Wrist Hand/Fingers From this limited screening I see no reason why this applicant/athlete cannot participate in athletics/physical training/boot camp or Lower Extremity a mission trip/disaster response. Overall condition of health: POOR FAIR GOOD EXCELLENT Applicant/athlete is cleared Hip Knee Cleared after further evaluation and treatment for:\_ Not cleared for: ☐ contact ☐ non-contact Ankle

Printed Name of MD, DO, APRN or PA Signature of MD, DO, APRN or PA Date

### MEDICAL INFORMATION AND AGREEMENT

#### You must answer every question. Please use blue or black ink and print neatly. Thank you!

**Note:** This form is only used for ongoing permanent or semi-permanent conditions including (but not limited to) epilepsy, bipolar disorder, clinical depression, schizophrenia, alcoholism, drug addiction, diabetes, cardiac conditions, hypertension, asthma, and acute allergies. Do not include temporary conditions and medicines such as antibiotics for infections or antihistamines for transient or seasonal allergy conditions such as hives, hay fever, etc.

INFORMATION:			
I,, have to (Your Full Name)  listed by name with the year of diagnosis:  1	been diagnosed by a medical doctor with  2		
	4		
I am presently taking the following medica List Drug Name, Strength, Dosage and F		n(s):	
1		Year First Prescribed:	
2		Year First Prescribed:	
3		Year First Prescribed:	
4		Year First Prescribed:	
5		Year First Prescribed:	
6		Year First Prescribed:	
AGREEMENT:			
I agree to inform the Facility Manager a changing the frequency and/or dosage wit to stop or change this ( <i>these</i> ) medication understand that failure to honor this agree dismissal from Friend Ships.	thout a medical doctor's directive. Further, I agree to inform the Facility Ma	ther, if a medical doctor directs me nager <b>IMMEDIATELY</b> . I fully	
Signed by:	Date:	Date:	
Witnessed by:	Title:	Date:	

1019 North 1st Avenue \* Lake Charles, LA 70601 U.S.A \* Tel: (337) 433-5022 \* Fax: (337) 433-3433 \* E-mail: SeaHawks@friendships.org \* www.friendships.org

### **SEA HAWKS - PASTOR'S REFERENCE EVALUATION**

#### Friend Ships Sea Hawks Missions Training Program

This applicant has applied to attend the Friend Ships Sea Hawks program. Friend Ships is a nonprofit charity corporation that works to assist all of the Body of Christ on a worldwide basis through the provision of food, clothing, medical supplies, and other relief items. We believe an important aspect in obtaining a winning team is to receive honest evaluations on potential candidates for service. Therefore, we kindly ask that you be as candid as possible with us in order to protect both the applicant and Friend Ships. We consider all of your comments strictly confidential. For more information on Friend Ships Sea Hawks program please visit our website at http://friendships.org/SeaHawks/seahawks.html. If you would prefer to provide a verbal reference, please contact personnel at (337) 433-5022.

Pastor's Name: Church Name: Church Address: City: State: Country: Country		Please fill out your preferred compared	ontact number	·. Ext.:_	
Reference Questions					
1. How long and how well have you know	wn the applica	nt?			
2. Please describe how you would rate the characteristic that most accurately describe	* *			☑ the column	for each
Characteristic	Excellent	Above Average	Average	Questionable	Unknown
a. Christian Character b. Temperament c. Flexibility d. Works well under stress e. Respectful of other cultures f. Ability to follow instructions g. Respect for Authority h. Concern for others i. Energy (stamina) j. Health k. Leadership Qualities					
I. Team Player     m. Emotional Stability					
3. Have you noticed any of the following others, easily depressed, worried, showing they are going to work with. Please elaborates	g signs of com orate:	pulsive or addictive	ve behavior th	at might affect	

4. Is the applicant active in churc	h activities/programs/groups? If so, plea	se elaborate
5. Please make any comments reg	garding the applicant's skill which you fe	el could be helpful
	which would best describe this person's a	
☐ Enthusiastic ☐ Moderate ☐ N	egative $\square$ Outgoing $\square$ Solitary $\square$ Ang	ry Resists change or differing views
7. What is your overall assessm	ent of this applicant serving as a Frien	d Ships Sea Hawks volunteer?
☐ Definitely unsuited	☐ Good prospect, but I have	☐ Above average prospect
_	some reservations	_
☐ At this time unsuited	☐ Average prospect	☐ Exceptional prospect
Additional Comments:		
Additional Comments:		
I declare that the contents of this c	confidential reference form are correct t	to the best of my knowledge.
·		
		Date:
	Il out this reference. Your input is very in ast of Friend Ships activities, please let	
•	(Circle your prefe	erence: Adobe Reader .pdf format or text only.)
	er:	
Please mail completed form back		
	Ewiond China Hulimitad	

Attn: Personnel Department – Sea Hawks

1019 North First Avenue

Lake Charles, LA 70601 USA

### SEA HAWKS VERIFICATION FORM

Please place a decided check mark next to each area to confirm you have read and/or completed each of the following before sending in your application package to the Sea Hawk Personnel Department.

	I have read:
	☐ I have read and kept the "Cover Letter".
	☐ I have read the Sea Hawks Summary of Program Objectives, Structure and Guidelines. Request an email copy.
	I have completed and I am submitting the following:
	☐ I have completed the "Sea Hawk Application form".
	• I have filled out information on my current or most recent employer for a reference.
	• I have filled out information on my current Pastor or Church Leader that knows me best and who will be completing the reference form.
	☐ A Doctor/practitioner has completed the "Sea Hawk Medical History Evaluation".
	☐ If applicable, I have completed the "Medical Information and Agreement form".
	☐ I have included a recent photo with my application.
	I have submitted a letter addressed to Mr. Don Tipton, stating why I would like a scholarship to the Sea Hawk Program. In the letter I have explained my relationship with Jesus and why I feel God is directing me to the Sea Hawk program. Note: There are limited full scholarships currently available. Room and board are provided through the full scholarship. Once accepted you will only be responsible for purchasing your books and uniform.
	I have given a reference evaluation form:
	☐ To my current Pastor or Church Leader who knows me best and can give a reference. They must return the reference form separately.
Si	gnature: Date:(Month/Day/Year)
pe si	verifying and signing this form I acknowledge that Friend Ships Unlimited, the Sea Hawk program, has my rmission to verify any information I have given on the application package. Applications without proper gnatures cannot be accepted. You can send a copy of your application by email or fax, but you must ail the originals in the mail.
P	ease mail completed forms back to:
	Friend Ships Unlimited  Attn: Sea Hawks Personnel Department 1019 North 1 <sup>st</sup> Avenue Lake Charles, LA 70601 USA

THANK YOU FOR YOUR INTEREST IN SERVING IN THE SEA HAWK PROGRAM!